

# YOU HAVE COMPLETED THE FORM FOR UCA'S INTERNATIONAL BUDDY PROGRAM?

## INTERNATIONAL BUDDY PROGRAM

HERE'S SOME ADVICE ON THE STEPS YOU CAN FOLLOW WITH YOUR MENTEE!



# 1

### CONTACT YOUR MENTEE

You will receive an e-mail containing all the information you need to contact the person we've assigned to you, based on the information you entered in the form. You can then contact him/her to arrange a first meeting!

# 2

### WELCOME YOUR MENTEE

If you wish, you can meet your mentee directly at the train station (or elsewhere) for his/her arrival in your city of study! In any case, you can use this first meeting as an opportunity to get to know each other and chat about your respective cultures.



# 3

### EXPLORE THE CAMPUS

You can then show your mentee around the campus where he/she will be studying during his/her stay in Auvergne. If it's a different campus from yours, don't panic! You can always recommend places that are common to all campuses in the city, such as university restaurants, libraries, etc.

# 4

### TAKE A STROLL THROUGH THE CITY CENTER

You can share your tips with your mentee: restaurants, cafés, museums, ... or any other place or event where you can have a good time! You can also ask your mentee about his or her hobbies, and try to practice them with him or her in your city of study.



# 5

### KEEPING IN TOUCH

Try, as much as possible, to keep in touch with your mentee. Moving to a foreign country can be lonely, and a message from you could make all the difference!





# CONTACTS

## INTERNATIONAL BUDDY PROGRAM

**IF YOU OR YOUR MENTEE HAVE ANY QUESTIONS ABOUT ADMINISTRATIVE PROCEDURES, ACCOMMODATION OR THE INTERNATIONAL BUDDY PROGRAM, HERE ARE SOME USEFUL SOURCES OF INFORMATION AND CONTACTS:**

- **The Digital Welcome Desk:** UCA's DRIF International Welcome Unit has set up a digital platform for international students, PhD students and researchers arriving in France. It offers a wide range of information on administrative procedures in France, accommodation, student tips and more. Normally, your mentee will have received a code to log in. If not, you can advise him/her to send an e-mail to the address below.
- [accueil-international@uca.fr](mailto:accueil-international@uca.fr) : [accueil-international@uca.fr](mailto:accueil-international@uca.fr): this is the generic mailbox for international students at UCA. Your mentee can contact us with any questions!
- [accommodation.drif@uca.fr](mailto:accommodation.drif@uca.fr) : if your mentee has any questions about housing, you can give him/her this e-mail address!
- [buddy-program.drif@uca.fr](mailto:buddy-program.drif@uca.fr) : if you or your mentee have any questions about UCA's international mentoring program, please write to us here!
- **The International Welcome Desk:** a welcome area designed to help international students from specific cohorts (French Government scholarship holders, Eiffel, MIC, exchange students from outside the EU, Erasmus Mundus students and students from delocalized sites), doctoral students and researchers with their administrative formalities. You can advise your mentee to make an appointment here:

[Student appointment](#)

[Researcher appointment](#)

or to come spontaneously during our office hours:

- Tuesday: 8.30am - 12pm
- Wednesday: 8:30am - 12:00pm
- Friday: 9h00 - 12h00 and 13h30 - 15h